

Carer Support Wiltshire - £1000.00

Carer Support Wiltshire is a charity that supports all unpaid carers in Wiltshire. Our vision is to create more carer-friendly communities, where carers are recognised, valued and supported. This grant will go to our Time for Carers Appeal which offers Trowbridge's unpaid carers vital breaks to improve their health and wellbeing. Carers need regular breaks to reconnect with friends and family; pursue their hobbies and interests; grow in confidence; develop skills; keep themselves well and able to carry on caring. We know some carers will not only struggle in the Covid-19 crisis especially with lockdown measures, but in the aftermath – when others return to 'normality' whilst they stay essentially in a similarly isolated situation caring for their loved-ones.

Last year, the Time for Carers Appeal funded breaks for five carers living in Trowbridge. These breaks consisted of counselling, gym membership, respite care and music lessons. Claire, a carer who has benefited from the Time for Carers Appeal told us "It wasn't even just about being given the money to get away it was about being seen and valued as a carer and given the recognition and support that enabled me to carry on."

This grant will help carers in Trowbridge to feel happier, healthier and more in control of their lives. They will feel less lonely, isolated and anxious, and more able to carry on caring for themselves and their loved-ones. Most importantly, they will feel part of a wider community that recognises the vital support carers provide to their loved ones, and their enormous contribution to society.

Families Out Loud - £500.00

Families Out Loud, who work to support families of addicts in Wiltshire, would like to say a huge thank you to Trowbridge Town Council for their generous grant of £500. This will enable us to connect with those who need our help through drop-in sessions at Trowbridge Community Hub in The Shires, once Covid-19 restrictions are eased. This new service will be advertised on our website www.familiesoutloud.org and on Facebook prior to launch.

Friends of Biss Meadows Country Park - £929.55

The Friends of Biss Meadows are grateful to the Town Council both for the kind acknowledgement of the good work of the Friends and for the award of £929.55 to contribute towards its two-year costs. The Friends are a long established enthusiastic group focussed on maintaining the meadows to a high standard for all visitors through monthly working parties, undertaking projects and frequent litter picks. As a self-financing group its core costs are on maintaining and replacing equipment, consumable materials, PPE and tooling, the grant is planned to contribute to group costs over a two-year period 2021-22. The grant is now a key part of our financing, thank you. The award is made even more important today through unexpected costs associated with COVID, the PPE cost element has been more pronounced with £123 unplanned already spend [2020] on making the right PPE provision for our volunteers.

We have some great projects coming up [once we get back to work!] and look to working with TTC as a key partner.

Group Five - £900.00

We would like to thank the Trowbridge Town Council for financially supporting Group 5. The grant will help us to continue our work of collecting unwanted furniture and supplying it, free of charge, to needy families and individuals in the area, who have been referred to us.

Help Counselling - £1000.00

We are delighted to receive the continued support of Trowbridge Town Council with a grant of £1000. It will cover the cost of a new laptop for our new member of staff and will increase our capacity to help more people quicker. We have brought on board more counsellors, 5 in all, with the aim, to lower our waiting list from 12 weeks to 4 weeks, with additionally member of staff to help with general admin, this will free up our Counselling Co-ordinator to focus on our clients. Thank you, with this grant you will be making an enormous and practical difference to those with mental health issues.

Monday Wednesday Club - £1000.00

I thank you so much for granting the Monday Wednesday Club a £1000 grant to help with our running costs. We are so very grateful for your acknowledgement of the work our Club does to help vulnerable and disabled adults within the community. Whilst the past year has seen a closure of the Club for several months, due to Coronavirus, we still maintain contact with our members and volunteers via a monthly newsletter and periodic visits, we are nonetheless still in need of funds to cover administration costs and resources at this stage. In addition, this funding will be held to cover running costs when we do return, hopefully as soon as possible. These running costs cover provision of equipment for activities, payment for Zumba and yoga sessions, help towards rental payments and all equipment necessary to keep the Club Covid-secure. We also have cooked meals provided by local caterers and need funds to help towards subsidized costs for these to the members. The period of closure has been very hard for all our members, as they really look forward to meeting their friends and being in a stimulating and caring environment. It helps with their self esteem and prevents social isolation. They must find this current situation extremely hard, and to this end, we are constantly reviewing our position and thinking of ways to keep in touch. We wish you all well and thank you again for your generous grant.

Splitz Support Services - £600.00

Demand for our services has risen significantly during the pandemic. Our existing volunteers have been incredible, increasing their support and undertaking additional training during the pandemic. We need to recruit and change more to meet increasing demand for this unique peer support service. Your grant is much appreciated. To recruit and train "Buddy" volunteers to support victims of domestic abuse and sexual violence in Trowbridge after the intensive support has ended. The Buddy Scheme is an invaluable mentoring/befriending service for individuals in Trowbridge who are no longer in an abusive relationship, but who are still suffering the ongoing effects of the trauma. These effects vary from person to person but can include: anxiety; isolation; family stresses – single parenting/co-parenting and child contact; low mood; low self-esteem; feeling overwhelmed with the stress of creating a

fresh start. Our volunteer mentor/befrienders (with excellent training and supervision) provide one-to-one support, once a week, for a period of around 6 months. Our volunteers provide a listening ear, emotional support and encouragement and aim to support people to exercise choice and control over their own lives and reach their fullest potential and independence.

Trowbridge & District Youth Band - £500.00

Thank you so much for the grant. We are predominantly a brass youth band covering Trowbridge and the surrounding areas. We are currently unable to hold rehearsals and have been unable to fund raise but still have regular outgoings. The grant will go towards providing additional equipment such as bell covers so that, once we can rehearse, we will be able to do safely.

Trowbridge Environmental Community - £1000.00

Trowbridge ECo are very grateful for the grant given to us from Trowbridge Town Council. Our plans are to provide kit for litter picking and river cleaning. Along with a donation we received from a member of the public, we will be able to purchase at least 8 pairs of waders, 8 buoyancy aids, a throw line, wading poles, trugs for collecting and sorting recyclables and branded hi-vis jackets. Any remaining money will be spent on a sign which we will erect after a litter pick and keep in place for a week or so specifically stating volunteers cleaned this area with friendly symbols to take rubbish home etc.

We hope that the town council approve of this, it will certainly help our group and the town combat the littering problem by keeping it tidy and by engaging with members of the public

Trowbridge Ladies Rugby - £400.00

It is great news to hear that TTC are prepared to support our emerging Ladies Section. The ladies are in need of some training kit, balls, cones and tackle shields etc., so the funds now allocated by your selves will come in extremely handy, once Lockdown is lifted and the Rugby Football Union confirm it is safe to return to play. This has been a particularly trying and frustrating time for us all, and we do hope that the opportunity to mix with one another again, participate in outside sport and re-join the road to “normality” will be here soon. Your financial support will ensure that as soon as we get the “Green Light” from our Governing Body, then the Ladies at TRFC will have some much-needed fun again.

Trowbridge Street Pastors - £500.00

At present due to the current situation with Covid and the pubs and clubs being shut, we are unable to go out on Saturday nights in Trowbridge. Although our activities are temporarily suspended we do continue to have financial outgoings, primarily £1,200 per annum to Ascension Trust, the national organisers. This covers such things as insurance for group members and our licence to be Street Pastors.

Wessex MS Therapy Centre - £420.45

The Wessex MS therapy Centre offers long term weekly physiotherapy for everyone suffering from multiple sclerosis in the Wessex area. Physiotherapy is a life line to good health and helping to keep people walking for longer. Many people with MS can lose the use of their limbs and spend most of their adult life in a wheelchair.

Physiotherapy works on parts of the body that can still function and for those who can use their legs, supports balance and walking. The charity has a tilt table that helps those in a wheelchair get strapped into which is then raised into a vertical position so that patients get to stand at least once a week. The charity is very grateful to Trowbridge Town Council for their continued generous support.

Wiltshire Sight - £750.00

Blind and partially sighted people face many problems, which are all made worse due to the isolation of lockdown and shielding. We can help by providing practical and emotional support. We have adjusted our services due to the current crisis including creating a safe way to see people face-to-face in our Sight Centre, showing them how to safely use equipment and match them with the right equipment for their needs. Our new online training resources include audio-described fitness classes helping older blind and partially sighted people stay active. We have a new volunteering befriending service, connecting people who are lonely with others in their community. The money from Trowbridge Town Council will help in our most immediate task of checking in with our most vulnerable clients in Trowbridge as well as helping us deliver our “Living well with sight loss” course which take a step-by-step approach to living safely and independently after a diagnosis of visual impairment.